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## Active transportation now safer on St. Vincent Street

**SPRINGWATER TOWNSHIP / June 24, 2010** – The Township of Springwater has paved the shoulders along a portion of St. Vincent Street, which will provide a safer area for motorists, pedestrians and cyclists.

Mayor Tony Guergis stated that this is one more sign that Council is committed to increasing active transportation and physical activity in Springwater Township.

“When we moved into our new Administration Centre last year, Council made sure that active transportation alternatives were encouraged and supported,” said Mayor Guergis. “There are bike racks on the site, and staff and residents are encouraged to bike when possible, and to make use of the 77 acre campus the Administration Centre sits on.”

Dr. Charles Gardner, Medical Officer of Health for the Simcoe Muskoka District Health Unit also feels this is a good move for the Township of Springwater.

“I think it’s very progressive of the municipality to be proceeding with paving shoulders on a major route,” said Gardner.

“If people are able to cycle as an option to get around, and they’re able to be more physically active, they’re able to reduce vehicle emissions and spare the air and improve air quality. If they’re able to do it in a safe way, like with paved shoulders, that is critical.”

“Municipalities plan for active transportation,” said Gardner. “There are many, many benefits to that, both health and environmental.”

Springwater is a municipality of approximately 18,000 residents located in the heart of Simcoe County. Springwater Township is home to the second largest concentration of County Forests and is a popular destination for outdoor activities in all four seasons.

In 2009, the Township celebrated its 15th anniversary of the amalgamated Township of Springwater.

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