

Recreation Guide

Spring & Summer 2025



Registration Information

Registration Options

1 Online – it's easy and secure!
Visit springwater.ca/recreation and follow the step-by-step instructions to register and pay online.

- Available 24/7
- Immediate confirmation
- Register for programs and coordinate family activities
- Explore new course options

2 Mail or drop off
Mail or drop off a completed registration form and payment (cheques payable to the Township or credit card information—no cash) to the Township Administration Centre at 2231 Nursery Road in Minesing. A drop box is located at the Township Administration Centre for after-hours drop off.

For further inquiries about registration and/or payments, please reach out to the Recreation Department at 705-728-4784 Ext. 2078.

Registration Opens:

Program Registration: March 25 | 10 am

Camp Registration: March 27 | 10 am

Inclusive Recreation Services

The Township is committed to providing programs that are accessible and inclusive to people with disabilities. The Township strives to support the inclusion of children with special needs.

If you or a family member have a special need, please call 705-728-4784 x2053 or email recreation@springwater.ca before registering for a program. All information is confidential and used strictly for planning successful integration into our programs.

Returned Cheques/Declined Cards

Payments made by cheques which have not been honoured by the bank, declined credit cards or credit card chargebacks are subject to a non-sufficient fund (NSF) fee. New payment must be received to enrol in the program.

Program Start Dates

Start dates are listed throughout this Recreation Guide alongside the fitness class or program.

Age Requirements

Programs are grouped by age. Participants must be the required age on the start date of the program.

HST

Adult & senior programs are HST applicable.

Did You Know?



The Township has an agreement with the City of Barrie that allows Springwater residents to participate in Barrie recreation programs at the same rate as a Barrie resident.

Registration Information

Cancellation & Withdrawal

You receive:

A full refund or credit with no administration fee:

- If the Township cancels a program due to weather, low registration or for other unforeseen circumstances.

A full credit on your account or refund less a \$20 administration fee:

- If you cancel with at least 14 days' notice before the start of the program.

A pro-rated credit or refund:

- If you provide a medical certificate before the midway point of the course/camp and can no longer attend the program due to medical reasons.

No refund or credit is provided:

- If you cancel within 14 days of the start of the program, without providing a medical certificate.

How to Cancel

You can cancel your registration by phone at 705-728-4784 x2078 or by emailing recreation@springwater.ca.

Refunds

You will receive your refund within three weeks. Cash, debit and cheque payments will be refunded by cheque. Credit card payments will be refunded to the original card.

Notification of Program Cancellations or Disruptions

The Township of Springwater reserves the right to postpone, cancel, re-locate or combine classes, limit registration or change instructors due to low registration or unforeseen circumstances.

Registrants will be notified by their instructor or the Township by phone or email of any cancelled programs. Those participants will be offered a full refund, credit or a transfer to another class (based on availability).

The Township will also post program cancellations on the municipal website—springwater.ca—as well as the Township's Facebook (**Township of Springwater**) and X (**@SpringwaterTWP**).

Get Connected to Recreation Services



Receive the latest updates on programs while going paperless! Visit springwater.ca/recreation or follow the Township on X (**@SpringwaterTWP**) and Facebook (**Township of Springwater**)

Customer Service

Need help registering for our programs or want to know more about our cancellation/refund policy? Contact our Booking/Scheduling Clerk at 705-728-4784 x2078.

Fitness Programs

Adult

Candlelight Yoga

Evening Flow Yoga is dialed down a notch honouring each participants energy levels at the end of the day. This candlelit class allows you to arrive and enjoy quiet stillness, move the body, and release excess mental and physical tension you've built up during the day, and then wind down bringing you to a deeper state of relaxation as you prepare for your evening.

****Please note all candles are battery operated****

Midhurst Community Centre

74 Doran Road, Midhurst

Start Date	Day	Time	Code	Fee
April 16	Wed	7:30 PM	6629	\$50 / 5 weeks
May 21	Wed	7:30 PM	6630	\$50 / 5 weeks

Core Conditioning

This Pilates inspired class will use low impact exercises to strengthen the body while improving postural alignment & flexibility. You'll tap into your core strength using controlled movements, proper breathing and a squishy Pilates ball. Be prepared to sculpt and tone the core! Participants will require a yoga mat; a Pilates ball will be provided.

Midhurst Community Centre

74 Doran Road, Midhurst

Start Date	Day	Time	Code	Fee
April 14	Mon	7:00 PM	6623	\$84 / 7 weeks

Exclusion date: April 21, May 5 & May 19

Sculpted Fusion

In this 45-minute class you will sculpt your entire body using lighter weights with higher repetitions. Cardio bursts are added to increase your heart rate and challenge your endurance and can be intensified based on preference. This is a great class if you're new to strength training as proper alignment cues are taught and modifications are given if looking for lower impact options. Please bring a yoga mat and a light set of dumbbells (5lbs recommended).

Midhurst Community Centre

74 Doran Road, Midhurst

Start Date	Day	Time	Code	Fee
April 25	Fri	9:30 AM	6631	\$70 / 7 weeks

Exclusion date: May 2 & May 23

Total Body Conditioning

This 45-minute class mixes intervals of strength and cardio for a total body workout that keeps your heart rate elevated throughout the class. Modifications are offered to allow participants to either intensify or scale back their workout according to their fitness needs. Bring a set of dumbbells and get ready to break a sweat!

Midhurst Community Centre

74 Doran Road, Midhurst

Start Date	Day	Time	Code	Fee
April 16	Wed	6:30 PM	6627	\$50 / 5 weeks
May 21	Wed	6:30 PM	6628	\$50 / 5 weeks

VIIT

A safer alternative to other high intensity exercises, VIIT (variable intensity interval training) alternates three intensity levels of activity: high, moderate, and low. The class incorporates cardio, strengthening and mobility by altering intensity levels, which increases your endurance, metabolism, and strength. Reap the benefits of a HIIT workout, whilst decreasing your chance of injury and improving your stability and mobility. Great for beginners or those worried about injury.

Elmvale Community Hall

33 Queen Street W, Elmvale

Start Date	Day	Time	Code	Fee
April 15	Tues	6:00 PM	6607	\$56 / 8 weeks

Exclusion date: April 22 & May 13

Zumba: Dance Your Way to Fitness!

Looking for a fun and high-energy way to get fit? Zumba provides the ultimate workout experience, combining dance, music, and fitness. It's a full-body workout that targets all major muscle groups while boosting cardiovascular health, improving flexibility, and increasing endurance. With a variety of rhythms, Zumba keeps you moving and grooving to fun, upbeat music.

Elmvale Community Hall

33 Queen Street W, Elmvale

Start Date	Day	Time	Code	Fee
May 7	Wed	6:30 PM	6592	\$60 / 6 weeks

Exclusion date: May 28

Yoga Flow

Start your day with an invigorating flow class that will energize your body and lift your spirit! During this class you will flow through sun salutations, balancing and strengthening poses and feel-good stretches. You'll gain both strength and flexibility while connecting to your breath and body. Class will finish with a guided savasana that will leave you feeling rested and ready to take on your day!

Midhurst Community Centre

74 Doran Road, Midhurst

Start Date	Day	Time	Code	Fee
April 16	Wed	9:30 AM	6625	\$50 / 5 weeks
May 21	Wed	9:30 AM	6626	\$50 / 5 weeks

Fun & Fit

Older Adult 55+

Have fun and get fit as we move to the music through a variety of non-impact, cardiovascular moves combined with strengthening, stretching and balance exercises. These classes are designed to increase flexibility, joint stability, balance, coordination, agility, muscular strength, and cardiovascular endurance in a fun and friendly way. A chair is offered for seated or standing support, and for stretching and relaxation exercises. Please bring water, hand weights and a yoga/exercise mat.

Anten Mills Community Centre

3985 Horseshoe Valley Road W, Anten Mills

Start Date	Day	Time	Code	Fee
April 28	Mon	10:30 AM	6590	\$49 / 7 weeks

Exclusion date: May 19



Want to Run a Program?

Partner with the Township or suggest an idea for a new program or activity. Call 705-728-4784 x2100 or email recreation@springwater.ca.

Gentle Yoga

Older Adult 55+

These traditional yoga classes include basic posture, breathing, flexibility, strength, balance, and relaxation which form the basis of yoga. You will burn calories, tone, and relax your mind and body! A chair is offered for seated or standing support. Please bring a yoga mat and water.

Anten Mills Community Centre (Older Adult: 55+)

3985 Horseshoe Valley Road W, Anten Mills

Start Date	Day	Time	Code	Fee
April 28	Mon	11:45 AM	6591	\$49 / 7 weeks

Exclusion date: May 19

Elmvale Community Hall

33 Queen Street W, Elmvale

Start Date	Day	Time	Code	Fee
April 15	Tues	11:45 AM	6608	\$56 / 8 weeks

Exclusion date: April 22 & May 13

General Interest

Adult

Earth Day: Forest Bathing Guided Walk

Excited for Earth Day? Dive into nature with Beth Foster, your Nature and Forest Guide, on a special guided forest bathing walk along Springwater Township's Nine Mile Portage Recreational Trail. This isn't just a walk—it's Shinrin-Yoku, a gentle practice encouraging you to pause, heighten your senses, and connect deeply with nature. Experience the forest in a totally new way by engaging with its sights, sounds, smells and textures, inviting relaxation and well-being. Unlike a typical hike, this walk is less than 1 km and moves at a relaxed pace, giving you time to uncover and enjoy nature's hidden gems. Celebrate Earth Day by stepping into the embrace of Springwater's natural forest and wetland—it's an experience you won't want to miss!

Nine Mile Portage Trail

Grenfel - details to be provided to participants prior to event date

Start Date	Day	Time	Code	Fee
April 22	Tues	1:00 PM	6605	\$25 / 1 session

Children & Youth Programs

Program Information

Zumba Kids

This fun program features kid-friendly routines based on original Zumba choreography. The class breaks down the steps, adds games/activities and cultural exploration elements. Participants will build confidence, teamwork and fitness.

Ages: 5-12 years

Elmvale District High School Gymnasium

25 Lawson Ave, Elmvale

Start Date	Day	Time	Code	Fee
March 29	Sat	9:30 AM	6594	\$36 / 4 weeks

Exclusion date: April 19

Krafty Kids

Join us for some crafty fun! Each week participants will create some fun and unique crafts to bring home and share with family and friends. Things could get messy so please dress for spills!

Ages: 4-6 years (6105) (6107), 7-10 years (6106) (6108)

Anten Mills Community Centre

3985 Horseshoe Valley Road W, Anten Mills

Start Date	Day	Time	Code	Fee
April 15	Tues	5:30 PM	6105	\$55 / 4 weeks
April 15	Tues	6:30 PM	6106	\$55 / 4 weeks

Elmvale Arena - Springwater Room

14 George Street, Elmvale

Start Date	Day	Time	Code	Fee
May 13	Tues	5:30 PM	6107	\$55 / 4 weeks
May 13	Tues	6:30 PM	6108	\$55 / 4 weeks

Kinder Dance Mix / Junior Dance Mix

Calling all dancers! Join us for this fun recreational dance program that will teach a little about dance while having a lot of fun. From ballet and hip hop to contemporary and jazz this class is perfect for the child who loves to dance. No previous dance experience required, just a love of dance!

Ages: 4-6 years (6103), 7-9 years (6104)

Minesing Community Centre

2347 Ronald Rd, Minesing

Start Date	Day	Time	Code	Fee
April 26	Sat	9:15 AM	6103	\$51 / 5 weeks
April 26	Sat	10:15 AM	6104	\$51 / 5 weeks

Exclusion date: May 17

Babysitting Course

This highly interactive hands-on babysitter's program will properly prepare participants to become a great babysitter! Participants will be given the confidence and skills necessary to keep kids safe, happy and healthy while in their care. This program is offered in partnership with Action First Aid and each student receives The Babysitters Manual, wallet card & re-usable contact information booklet.

Ages: 12-16 years

Elmvale Arena - Springwater Room

14 George Street, Elmvale

Start Date	Day	Time	Code	Fee
May 2	Fri	9:00 AM	6181	\$70 / 1 session

In Support of a Safe Community

The following behaviour is considered to be unacceptable and will not be tolerated in Township-operated facilities:

- Verbal and physical assault
- Threat or aggression
- Vandalism, defacement and theft
- Possession and/or under the influence of alcohol or drugs
- Harassment and disrespectful language or actions

The Township of Springwater promotes responsibility and respect through our Rzone Policy, and will take appropriate steps to deal with unacceptable behaviour as outlined in this policy.

Learn more about our policy online at springwater.ca/Rzone.



Children & Youth Programs

Program Information

PA Day Pajama Party

Grab your pj's and have some fun with us on this PA Day! Spend the day playing games, making crafts and having a ton of fun!

Ages: 5-10 years

Midhurst Community Centre

74 Doran Road, Midhurst

Start Date	Day	Time	Code	Fee
May 2	Fri	9:00 AM	6109	\$45 / 1 session

Home Alone

Ready to stay home alone? This course will help prepare participants to handle various situations like safety at home, stranger awareness, calling 911, handling emergencies, basic first aid, & making healthy choices. This program is offered in partnership with Action First Aid and each student receives a Home Alone Booklet and wallet card.

Ages: 9-12 years

Minesing Community Centre

2347 Ronald Rd, Minesing

Start Date	Day	Time	Code	Fee
June 6	Fri	9:00 AM	6180	\$52 / 1 session

Friday Night Kids Club

This night is just for the kids! Come out meet friends or make new ones in this fun evening filled with games, crafts and activities to make this a Friday to remember.

Ages: 5-10 years

Hillsdale Community Centre

4517 Penetanguishene Road, Hillsdale

Start Date	Day	Time	Code	Fee
June 6	Fri	6:00 PM	6117	\$22 / 1 session

Elmvale Community Hall

33 Queen St W, Elmvale

Start Date	Day	Time	Code	Fee
June 13	Fri	6:00 PM	6118	\$22 / 1 session

Midhurst Community Centre

74 Doran Road, Midhurst

Start Date	Day	Time	Code	Fee
June 20	Fri	6:00 PM	6119	\$22 / 1 session

DROP-IN PROGRAMS at Elmvale District High School

These programs are just that - drop in at the date and time listed. Saturday times are based on registered programming and subject to change.

Pickleball



Tuesdays

7:00 p.m. - 9:30 p.m.

Basketball



Wednesdays (½ gym)

7:00 p.m. - 9:30 p.m.

Saturdays (½ gym)

10:30 a.m. - 12:45 p.m.

Volleyball



Wednesdays (½ gym)

7:00 p.m. - 9:30 p.m.

Saturdays (½ gym)

9:00 a.m. - 12:45 p.m.

www.springwater.ca/recreation

Camps

Camp Basics



Camp

Camp registration opens
March 27
at 10 a.m.



Information

Camps run from Monday to Friday through July and August (unless otherwise noted). Our camps create a safe environment for children to interact and experience games, outdoor adventure, arts and crafts, and other activities that promote fun and making memories. Camps are offered in Anten Mills, Elmvale, Minesing and Midhurst.

Registration

Registration operates on a first-come, first-served basis. A waitlist will be formed if we reach capacity.

There are two registration options available:

- Online at: townshipofspringwater.perfectmind.com
- In person at the Township Administration Centre (2231 Nursery Road, Minesing) during regular business hours.

To streamline your process, create a profile at townshipofspringwater.perfectmind.com prior to registering.

Payments & Refunds

Refunds will be provided if, at least, 14 days' notice is given to the Recreation Department prior to the start date of the camp program. A \$20 administration fee is applied to any cancellation.

Ages

Camps are available to participants who are between the ages of 5-10 years old. Please note all campers must turn the minimum age of the desired camp by the last day of camps, August 30, 2025 to register.

Camp Hours

Camps run from 9:00 a.m. to 4:00 p.m.

Before & After Care

If our day camp hours aren't long enough for you, try our extended care program!

Before Care: 8:00 AM – 9:00 AM	Fee: \$25 / week
After Care: 4:00 PM – 5:00 PM	Fee: \$25 / week
Both Before & After Care	Fee: \$40 / week

Advanced registration is required. Select the extended care option when registering.

Quality Supervision

Through extensive training and experience, our camp staff provide a safe, fun and welcoming environment for all campers. Camp staff have HIGH FIVE® and First Aid/CPR “C” certifications, and must produce a clean Police Background Check.

Camper to Staff Ratio

Our camper to staff ratio reflects our commitment to quality program supervision. Our ratio is **1 leader for every 8 campers ages 5-6 or 1 leader for every 10 campers ages 7-10**. These ratios are supplemented by inclusion and leadership staff.

Inclusion Services

The Township of Springwater welcomes everyone. We are dedicated to offering opportunities for all children and youth. We provide a welcoming, comfortable and supportive environment to encourage participation, and to help support the needs and goals for each participant.

If you are interested in Inclusion Services this summer, please contact the Supervisor of Recreation or at 705-728-4784 x2053 for more information prior to registering for camp.

Medical Information

Campers requiring medication at camp need to complete a signed medication form. The completed form and the medication must be given to the Camp Supervisor. Forms can be obtained from the Camp Supervisor on-site or online at springwater.ca/camps.

What is HIGH FIVE®?

HIGH FIVE® is Canada’s quality standard for children’s recreation, culture and sport programs. These standards support the safety, well-being and healthy development of children who participate in our programs.

All of our camp leaders are HIGH FIVE® certified to best address the needs of your child and their experience. They are caring leaders who help all of our campers participate, play, learn new skills and make new friends.

Camper Pick Up & Drop Off

All campers must be signed in by a parent or guardian upon arrival at camp. Please ensure that regular escorts and emergency contacts are recorded on the “Camper Information” form. Only those adults listed on this form are permitted to pick up your child. Valid photo identification must be shown at time of pick up (e.g. driver’s licence).

A late fee of \$5.00/15 minutes will be charged for late pick-ups.

Please notify us if your child will be absent from camp or of any change in your child’s pick up routine by calling the Safe Arrival line at 705-728-4784 x2380. Children are NOT allowed to leave early without written consent from a parent or guardian.

Camp Blitz Meet & Greet

New to camp? Looking for something to do? Come out and meet our 2025 camp staff for fun camp style activities and games on Saturday, June 21, 2025 from 1:00-2:30 pm at Homer Barrett Park (weather permitting). No registration is required.

Camps

Camp Descriptions



Summer Adventures

Fee: \$136 (4-day week) / \$170 (5-day week)

Join us for summer fun! Campers will enjoy a variety of camp activities including arts and crafts, sports, and theme days with a focus on making friends and having fun!

Science and Discovery

Fee: \$185

Get ready to explore your creative side and learn about science! Campers will participate in hands on experiments, and discover the incredible world around them.

Creation Station

Fee: \$185

A week of crafts and creating awaits! Campers will enjoy various projects and activities from clay to drawing to beading, all while participating in fun camp games daily.

Leaders in Training (LIT)

Fee: \$220

The Leaders in Training (LIT) program is designed to help youth gain experience working with children. Training will include: leadership skills, program/camp planning, a resume workshop, communication exercises and team building sessions. LITs are required to attend the five-day training session, along with a one-week placement opportunity.

Please note, the in-camp placement counts towards high school volunteer hours.

Outdoor Explorers

Fee: \$170

Enjoy all things camp with a focus on being outdoors! From arts and crafts to camp games, this camp is perfect for campers who love being outside! Please note: all outdoor activities are weather permitting.

Spy Camp

Fee: \$185

Your mission, should you choose to accept it, is to have FUN! Decipher codes, create your own secret gadgets, discover your spy name and more. This camp offers a variety of camp games, crafts and activities with a spy twist!

Campers Got Talent

Fee: \$185

A little theatre, a splash of song, some dance and more! Campers will enjoy traditional camp activities while experiencing various artistic genres. Campers will roll out the red carpet to end the week with a talent show for families & friends to attend.

Did you know?

We're an allergen aware environment.



To protect program participants with severe nut allergies, camps are a 'nut-aware' environment. We request all parents avoid sending their children with a lunch or snack that contains peanut or nut products. Should items that contain nuts be found, the product will be removed from the camp area and returned to the parent or guardian at the end of the day.

Camps

Camp Schedule

Week	Camp	Age	Location	Code
Week 1: June 30- July 4	Summer Adventures	5-10	Elmvale Arena - Springwater Room	6124
	Summer Adventures	5-10	Midhurst Community Centre	6125
	Outdoor Explorers	5-10	Minesing Community Centre	6126
Week 2: July 7-11	Creation Station	5-8	Elmvale Arena - Springwater Room	6538
	Summer Adventures	5-10	Elmvale Community Hall	6127
	Spy Camp	5-10	Midhurst Community Centre	6129
	LIT (Leaders in Training)	14-17	Minesing Community Centre	6128
	Outdoor Explorers	5-10	Minesing Community Centre	6588
Week 3: July 14-18	Outdoor Explorers	5-10	Elmvale Arena - Springwater Room	6556
	Spy Camp	5-8	Elmvale Community Hall	6547
	Summer Adventures	5-10	Midhurst Community Centre	6584
	Science & Discovery	5-10	Minesing Community Centre	6465
Week 4: July 21-25	Science & Discovery	7-10	Elmvale Arena - Springwater Room	6571
	Summer Adventures	5-10	Elmvale Community Hall	6548
	Summer Adventures	5-10	Midhurst Community Centre	6580
	Outdoor Explorers	5-10	Anten Mills Community Centre	6464
Week 5: July 28-Aug 1	Summer Adventures	5-10	Elmvale Arena - Springwater Room	6587
	Camper's Got Talent	5-10	Elmvale Community Hall	6555
	Creation Station	5-10	Midhurst Community Centre	6583
	Outdoor Explorers	5-10	Minesing Community Centre	6572
Week 6: August 5-8	Summer Adventures	5-10	Elmvale Arena - Springwater Room	6131
	Summer Adventures	5-10	Midhurst Community Centre	6132
Week 7: August 11-15	Outdoor Explorers	5-10	Elmvale Arena - Springwater Room	6557
	Science & Discovery	5-10	Midhurst Community Centre	6581
	Summer Adventures	5-10	Minesing Community Centre	6585
	Creation Station	5-10	Anten Mills Community Centre	6463
Week 8: August 18-22	Creation Station	5-8	Elmvale Arena - Springwater Room	6573
	Summer Adventures	5-10	Elmvale Community Hall	6558
	Summer Adventures	5-10	Midhurst Community Centre	6582
	Spy Camp	5-10	Minesing Community Centre	6586
Week 9: August 25-29	Summer Adventures	5-10	Elmvale Arena - Springwater Room	6130



2231 Nursery Road, Minesing, ON L9X 1A8
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